### Communities In Schools Newsletter



### **CIS Receives Transformational Grants Supporting Regional Schools**

CIS of Northwest Michigan received two competitive grants that will accelerate our impact on students in your school! We received a \$275,000 grant from the Michigan Department of Education that is designed to improve literacy and increase the percentage of students who graduate from high school. The impact of this grant on Kalkaska students includes:

- · Parent engagement activities
- Basic needs supplies for students (food and hygiene items)
- Middle School partnership with Big Brothers Big Sisters for a school-based mentoring program at Kalkaska Middle School

Additionally, we received a Scaling Grant of over \$400,000 from CIS National, which will bring our integrated student supports model to the Central Lake and Vanderbilt school districts, and deepen our work at East Jordan Elementary School.

#### **Mental Health Awareness Month**

Encouraging positive mental health in children starts at home. This infographic illustrates practices that are easy to incorporate:

### How to nurture a child's mental health



## Teacher Appreciation Week is May 6-10

Celebrating the teachers who spark your child's love of learning is simple and appreciated! Ideas:

- Share a handmade note or drawing from your student, or a thank you note from yourself
- Contribute communal supplies such as tissues, crayons, stickers, pencils, or books for their classroom library
- Volunteer your time in their classroom

cisnwmi.org 205 Grove Street Mancelona, MI 49659 P 231.356.4385

### Kalkaska School District Spotlights:

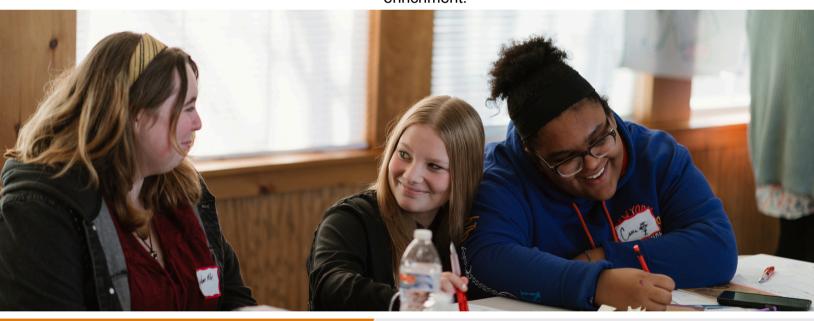
# • External Relations Coordinator • Program Manager • Site Coordinator: Central Lake • Site Coordinator: Vanderbilt • Site Coordinator: East Jordan Communities In Schools https://cisnwmi.bamboohr.com/careers

### **Student Voices for Healthy Choices**

We know that every student can be a changemaker in their family, school, and community. Student Voices for Healthy Choices is a student-led initiative that focuses on physical activity, nutrition, and mental health. Students involved in the program plan projects around these themes that are designed to make a positive impact on their friends and the greater school community. Contact your CIS Coordinator to get involved!

### Kalkaska Middle School: May 30 - All Day

Students will walk to the high school to watch
The Sandlot, sample different foods at lunch, and play
ball during the noon recreational time. The cookbooks
written by Student Voices for Healthy Choices
participants will be handed out at the end of day
enrichment.



# Your Summer CIS Contact During the summer, the CIS Main Office is open Monday-Thursday, 8:00am - 4:00pm. Please connect with your questions or ideas at 231-356-4385 or through the contact form on our website.

### Kalkaska Communities In Schools Site Coordinators



Shyenne Williams Kalkaska Middle School (231) 258-4040 ext 3304 swilliams@cisnwmi.org



Haley Nelson Kalkaska High School (231) 258-9167 hnelson@cisnwmi.org